



Above and Beyond
Yoga and Salt Therapy

(/ /)

Name (please print clearly) _____ Age _____ Date of Birth (mm/dd/yy) _____

Address _____

City _____ State _____ Zip Code _____

Home Phone # _____ Mobile Phone # _____

Opt out Email Newsletters _____

E-mail Address (print clearly) _____

Emergency Contact _____ Relationship _____ Contact Phone # _____

How did you find the studio: internet _____ advertising _____ social media _____

friend/family _____ Other _____

Are you Pregnant? YES / NO _____ Does anything hurt today? _____

Have you tried Yoga before? YES / NO _____ What type of class, where? _____

AGREEMENT OF RELEASE AND WAIVER OF LIABILITY

In consideration of and as inducement to my enrollment as a student in Yoga Classes conducted by Above and Beyond Hot Yoga LLC "DBA: Above and Beyond Yoga and Salt Therapy" aka ABHY, I represent and agree to the following:

1. I recognize that Yoga Classes are done in a hot room and requires physical exertion, which may be strenuous and may cause physical injury, and I am fully aware of the risks and hazards involved.
2. I understand that it is my responsibility to consult with a physician prior to and regarding my participation in Yoga Classes. I represent and warrant that I am physically fit and have no preexisting medical condition which would prevent my full participation in the Yoga Classes. I understand some medications and supplements have adverse side effects. I understand that it is my responsibility to discuss any side effects of any such products that I am taking with my physician or pharmacist, before participating in Yoga Classes.
3. In consideration for my participation in any class, workshop, training or event of any type offered at any physical location, online or via any other medium, and by signing this form, (the "Activities") I and my heirs, assigns and legal representatives hereby forever release, waive, discharge, indemnify, hold harmless, and covenant not to sue Above and Beyond Hot Yoga LLC and their owners, directors, officers, employees, agents, members, managers, instructors and representatives (collectively, ABHY) for any injuries, illnesses, infectious medical conditions, damages, losses, expenses, attorneys' fees, settlements, liabilities, claims, suits and causes of action which may result from my participation in the Activities.
4. ABHY may use my first name, surname initial, image, likeness and/or written comments in any video, audio, advertising or publicity in any medium. I agree not to create, publish or disclose any video, photograph, audio or other recording without ABHY's prior written consent.
5. The fees paid for classes and workshops are non-refundable and non-transferable.
6. All services are subject to change or deletion at the discretion of Above and Beyond Hot Yoga LLC.
7. I agree to follow the rules, protocol, and guidelines of Above and Beyond Hot Yoga and the State of Alabama. Failure to observe studio policy may result in dismissal from the class or studio.
8. I understand that Above and Beyond Hot Yoga LLC is not responsible for damaged, lost or stolen items.
9. By signing this document I verify that 1) I am 19 years of age or older or 2) that I am the parent or legal guardian of the participant.

Signature of Participant _____ Date _____

As the Legal Guardian, I consent to the above terms and conditions:

Parent or Guardian Signature _____ Date _____

